

NOTICE OF FUNDING AVAILABILITY

STATE OF NEW JERSEY DEPARTMENT OF HUMAN SERVICES DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

Recovery Management Check-Up for Individuals Experiencing Substance Use Challenges

TAKE NOTICE that, in compliance with N.J.S.A. 52:14-34.4, 34.5 and 34.6, the Division of Mental Health and Addiction Services (DMHAS) hereby announces the availability of the grant program funds described herein.

Program Name: Recovery Management Check-Up for Individuals Experiencing Substance Use Challenges

Purpose: This Request for Proposals (RFP) is issued by the New Jersey Department Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) for Recovery Management (RMC) Check-Up for Individuals Experiencing Substance Use Challenges to ensure success of recovery. This RFP is funded by the Federal Substance Abuse Prevention and Treatment (SAPT) Block Grant COVID-19 Supplement and the American Rescue Plan Act of 2021 from the Substance Abuse and Mental Health Services Administration (SAMHSA).

Total annualized funding for this RFP is \$1,500,000. DMHAS anticipates making up to three (3) regional awards, in the amount up to \$500,000 each, with one award for each of the following three (3) regions.

North: Bergen, Essex, Hudson, Morris, Passaic, Sussex and Warren Counties
Central: Hunterdon, Mercer, Middlesex, Monmouth, Somerset, and Union Counties
South: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Ocean and Salem Counties

The intent of the RFP is to offer a RMC service for discharged clients to support their independent living and success with recovery. The new proposed program will provide more methods of outreach to clients. These methods will include virtual face-to-face visits, text messaging and chat features, and the opportunity for in-person contacts. This check-up service will help provide local recovery supports, including information about local resources such as self-help meetings, food pantries, and sober houses, if needed. The successful bidder(s) will provide services to clients in each of the counties specified in the region the bidder will serve.

RMC aims to identify and alleviate client problems before they derail recovery. Monthly contact forms the core of the proposed RMC. During these contacts, staff will assess clients using a brief assessment tool to evaluate the individual's progress, current needs and check on recovery status. Problems will be addressed using motivational

interviewing techniques, connecting clients to appropriate community resources and/or treatment, if needed. The conceptual framework of RMC is to treat addiction as a chronic disease, with long-term management to minimize the number of acute episodes of substance abuse and with prompt treatment when episodes occur to prevent them from becoming more severe and consequential (Rush, B.R. et al. The interaction of co-occurring mental disorders and recovery management checkups on substance abuse treatment participation and recovery. *Evaluation Review* 32(1): 7-38, 2008).

"The RMC intervention offers a recovery-oriented approach," according to Dr. Thomas Hilton of NIDA's Division of Epidemiology, Services and Prevention Research. "It not only monitors substance abuse after treatment but also assesses the characteristics, or recovery capital, that facilitate a healthy, productive, drug-free lifestyle in the long term. Knowing each patient's recovery capital is critical because recovery occurs outside the direct care system and rests heavily on the shoulders of the individual. It makes good clinical sense to build up the patient's capacity for recovery if it is low, and the RMC offers a concrete intervention that provides support."

Available Funding Amount: Total annualized funding is \$1,500,000 subject to appropriations.

Who Can Apply/Bidder Qualifications: To be eligible for consideration for this RFP, the bidder must satisfy the following requirements:

- The bidder must be a non-profit or governmental entity;
- If the bidder is substance use disorder provider, it must be licensed by the NJ Department of Health, Division of Certificate of Need and Licensing
- For a bidder that has a contract with DMHAS in place when this RFP is issued, that bidder must have all outstanding Plans of Correction for deficiencies submitted to DMHAS for approval prior to submission;
- The bidder must be fiscally viable based upon an assessment of the bidder's audited financial statements.
- If a bidder is determined, in DMHAS' sole discretion, to be insolvent or to present insolvency within twelve (12) months after bid submission, DMHAS will deem the proposal ineligible for contract award;
- The bidder must not appear on the State of New Jersey Consolidated Debarment Report at [Debarment¹](#) or be suspended or debarred by any other State or Federal entity from receiving funds; and
- The bidder shall not employ a member of the Board of Directors as an employee or in a consultant capacity.

Proposal Procedure: Effective January 10, 2023, the Request for Proposal (RFP) is available at <https://www.nj.gov/humanservices/providers/grants/>. A proposal must be submitted that comports with the RFP requirements and instructions.

¹ <https://www.nj.gov/treasury/revenue/debarment/debarsearch.shtml>

Proposal Receiving Office: Helen Staton
Department of Human Services
Division of Mental Health and Addiction Services
PO Box 362
Trenton, NJ 08625-0362

Submission Deadline: Proposals must be received by 4:00 p.m. ET on February 7, 2023.

Notification Date: Bidders will be notified on or before March 3, 2023.



Sarah Adelman, Commissioner

January 6, 2023
Date